

CHS LUNCH

October 2017

Student Lunch \$2.05

Adult Lunch \$2.50

Additional Milk - \$.30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Burrito or Chef Salad Bread with Butter Salsa Baked Beans Lettuce, Romaine Raw Vegetables Cottage Cheese Strawberries Choc & White Milk Salad Dressing Pudding Assorted	Sloppy Cheeseburger or Chef Salad Bread with Butter Green Beans Raw Vegetables Cottage Cheese Cooked Apples Choc & White Milk Salad Dressing	Spaghetti w/meat sauce or Chef Salad Biscuits Cheese-Garlic Lettuce, Romaine Raw Vegetables Banana/Lime Pears Choc & White Milk Salad Dressing	Ham & Cheese Melt or Chef Salad Bread with Butter Mixed Vegetables Raw Vegetables Cottage Cheese Banana/Strawberries Choc & White Milk Salad Dressing Ketchup	Hamburger w/bun or Chef Salad Bread with Butter Potato Wedges Lettuce, Romaine Raw Vegetables Cheese Slice Fruit Assortment Choc & White Milk Ketchup Salad Dressing
9	10	11	12	13
BBQ Pork Sandwich or Chef Salad Bread with Butter Baked Beans Cole Slaw Lettuce, Romaine Raw Vegetables Fruit Assortment Choc & White Milk Salad Dressing	Breakfast for Lunch or Chef Salad Bread with Butter Cooked Apples Choc & White Milk	Taco Bowls or Chef Salad Bread with Butter Beans Refried Tomatoes Sour Cream Olives,Sliced Lettuce Shredded Raw Vegetables Cheese Sauce Banana/Lime Pears Choc & White Milk	Chicken Alfredo or Chef Salad Bread, Garlic Broccoli w/ Cheese Fruit Cocktail Choc & White Milk Salad Dressing	Pizza or Chef Salad Bread with Butter Corn Lettuce, Romaine Raw Vegetables Rosy Applesauce Choc & White Milk Salad Dressing
16	17	18	19 Early Dismissal	20
Ranch Chicken Wrap or Chef Salad Bread with Butter Mixed Vegetables Raw Vegetables Lettuce, Romaine Cottage Cheese Tomatoes Sour Cream Fruit Assortment Choc & White Milk Salad Dressing	Catfish or Chef Salad Bread with Butter Baked Beans Cole Slaw Lettuce, Romaine Raw Vegetables Cooked Apples Choc & White Milk Salad Dressing	Cheesy Burger Fries or Chef Salad Bread with Butter Garden Salad Raw Vegetables Cottage Cheese Banana/Strawberries Choc & White Milk Salad Dressing	Chicken Patty w/Bun or Chef Salad Bread with Butter Peas Lettuce, Romaine Cottage Cheese Banana/Applesauce Choc & White Milk Salad Dressing Ketchup	NO SCHOOL
23	24	25	26	27

NO SCHOOL	BBQ Pork Sandwich or Chef Salad Bread with Butter Baked Beans Cole Slaw Lettuce, Romaine Raw Vegetables Fruit Assortment Choc & White Milk Salad Dressing	Super Nachos or Chef Salad Bread with Butter Lettuce, Romaine Beans Refried Sour Cream Tomatoes Olives, Sliced Banana/Apples Choc & White Milk Salsa Salad Dressing	Ravioli or Chef Salad Bread, Garlic Peas & Carrots Chilled Peaches Choc & White Milk Salad Dressing	Ham & Cheese Melt or Chef Salad Bread with Butter Fries Sweet Potato Raw Vegetables Cottage Cheese Fruit Assortment Choc & White Milk Salad Dressing Ketchup
30	31	11/1		
BBQ Chicken/bun or Chef Salad Bread with Butter Glazed Carrots Lettuce, Romaine Raw Vegetables Apple Wedges Choc & White Milk Salad Dressing	Pizzaburger on Roll or Chef Salad Bread with Butter Potato Wedges Lettuce, Romaine Raw Vegetables Fruit Assortment Choc & White Milk Ketchup Salad Dressing	Chili or Chef Salad Cornbread Lettuce, Romaine Raw Vegetables Banana/Strawberries Choc & White Milk Salad Dressing Crackers Saltines		
<p>Notes: Complete meals consist of at least 3 of the 5 components that we offer (Grains, Meat, Vegetables Fruits, and Milk). Chef Salad served as a second main course option at the High School Cafeteria for Lunch ONLY.</p> <p>**We reserve the right to make Menu substitutions as necessary** Our school district is an equal opportunity employer.</p>				