

Chillicothe R-II School District
Central Elementary BREAKFAST

Mon - 8/15/2016 NO SCHOOL	Tue - 8/16/2016 NO SCHOOL	Wed - 8/17/2016 NO SCHOOL	Thu - 8/18/2016 Biscuit w/ Gravy or Variety Cereal Toast Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E	Fri - 8/19/2016 Scrambled Eggs Toast or Variety Cereal Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E
Mon - 8/22/2016 Biscuit w/ Gravy or Variety Cereal Toast Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E	Tue - 8/23/2016 Cinnamon Rolls or Variety Cereal Toast Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E	Wed - 8/24/2016 Scrambled Eggs Toast or Variety Cereal Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E	Thu - 8/25/2016 Yogurt, fruit flav Toast or Variety Cereal Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E	Fri - 8/26/2016 Pancake w/Syrup or Variety Cereal Toast Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E
Mon - 8/29/2016 Biscuit w/ Gravy or Variety Cereal Toast Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E	Tue - 8/30/2016 Scrambled Eggs Toast or Variety Cereal Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E	Wed - 8/31/2016 Pancake Sausage Stick w/syrup or Variety Cereal Toast Fruit Choice Juice, Assorted Choc Fat free Milk A&E White Milk 1% A&E		

****We reserve the right to make Menu substitutions as necessary****
We are an equal opportunity employer

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.